

# DISCOVERING INNER LIGHT

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## The Creative Path of Khrystyna Kozyuk

**BEST CONTEMPORARY PAINTER  
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## KHRYSTYNA KOZYUK

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**Khrystyna Kozyuk** is an artist whose creativity is deeply inspired by the enchanting landscapes of Sedona, Arizona. Surrounded by its iconic red rocks and peaceful energy, her art reflects a profound connection to nature, spirituality, and inner harmony. In this interview, she shares her sources of inspiration, her exciting upcoming projects—including a meaningful art residency, and her hopes for how her work can inspire others to discover wonder, peace, and light within themselves.

**Join us as we explore the inspiring journey of Khrystyna Kozyuk and her path of art, healing, and transformation.**

**Khrystyna, you live in such a magical place — Sedona, Arizona. What makes this area so meaningful to you, and how has it influenced your creativity and artistic work?**

Sedona truly feels magical, with its red rocks, light, and energy. Living here helps me stay connected to myself and my creativity. The energy of the red rocks and the spiritual atmosphere inspire many of my paintings.

I feel incredibly grateful to call Sedona home. It's a beautiful, peaceful place surrounded by nature. The colors, silence, and light here remind me every day of the importance of slowing down and living with intention.

**Everyone who encounters your art feels a special energy and vibration in it. How would you describe or explain that unique quality?**

Art, in my opinion, possesses an inherent energy. When I paint, I infuse emotions, memories, and gratitude into the colors and movements of my artwork. This vibrational essence remains within the artwork, allowing people to sense it because it is genuine—emotion manifested in form, energy transformed into color. My artistic process differs from simply reproducing what I perceive. Instead, I paint what I experience deeply within myself. Each brushstroke becomes a fragment of my spirit captured in moment in hues. Perhaps this is the resonance that people connect with—a profound connection between souls.



**What is the inner message or inspiration behind your pieces? What do you hope people feel or take away when they experience your art?**

I like to leave space for viewers to interact with the piece — to receive it in their own way. Sometimes my paintings are intentionally not fully finished, so there's room for imagination, for the viewer to step inside and complete the story with their own emotions and memories. I believe our subconscious mind recognizes something familiar in the abstract, something that words can't express. That's the connection I hope to create — a quiet dialogue between my inner world and theirs.

Through my art, I want people to feel uplifted, inspired, and a little intrigued, to pause for a moment, connect with themselves, and perhaps see the world with more wonder and light.

**What does your connection with nature mean to you when creating your work? How does the natural world influence your artistic process?**

My connection with nature is very personal and deeply intertwined with my creative process. Just like nature moves through its seasons, my art also goes through cycles of change — in color, style, and mood. I love allowing myself that freedom to evolve and sometimes to return to earlier themes.

Nature also reminds me that everything takes time. A flower doesn't bloom in a day — it grows patiently, layer by layer. The same is true for art. I am constantly learning to honor that rhythm, to let ideas unfold naturally, and to trust the timing of creation.

**Tell us a bit about your studio-gallery in Sedona. I've heard it's a very special place. Why do people love visiting it? How do they usually find out about it, and who are your regular visitors?**

My space is a gallery/studio — people can see the creative process, smell the paint, and feel the energy of art being born.

Many visitors discover it while exploring Sedona's art scene. Others find me through social media or word of mouth from collectors who share their experience. My visitors come from all over the world — travelers, art lovers, and people seeking inspiration or a deeper emotional connection. Visits turn into a beautiful exchange of stories and energy.

**You mentioned you're working on a big project — an art residency with a spiritual concept. Could you share more about this project and what inspired it?**

Yes, this project is very close to my heart. I'm creating an art residency in a peaceful area surrounded by nature — a sanctuary where creativity and mindfulness come together.

The main building in the center will include a large studio space and a lecture hall for art classes, workshops, and yoga sessions. There will also be a gallery showcasing resident artists. A large open kitchen where we can gather for healthy, nourishing meals — a place to connect, sharing different cultures' cuisines.

Around it, eight small, private houses will offer each artist or guest a quiet retreat. My vision is to build a community where art, nature, and soul are in harmony — a place for renewal, healing, and inspiration in this stressful, busy world.

**How can people get involved or become part of this project?**

It will grow through collaboration and shared intention. People who feel connected to the idea — artists, teachers, collectors, or anyone drawn to creativity and mindfulness — can reach out and be part of its journey from the beginning. There will be opportunities to participate in residencies, workshops, and retreats once the space is ready. I'm also welcoming supporters, partners, and visionaries who believe in the power of art and nature to heal and inspire.

Welcome to join my newsletter where we inform about our projects' progress. You can follow my journey as an artist.

**You're known to be an avid traveler. Do you have any upcoming travel plans or destinations that are calling to you — perhaps places where you'd like to exhibit your work?**

Yes, travel has always been a big part of my life and inspiration. This coming June, I'm planning to walk the Camino de Santiago — starting from Porto, Portugal, and continuing into Spain. It's something I've dreamed of for a long time — not just as a physical journey, but as a spiritual pilgrimage. I see it as a time for reflection, renewal, and creative discovery.

I plan to paint, write, and capture moments along the way, letting the journey itself become part of my art. Experiences like this always change how I see the world — they deepen my connection to myself and to the creative energy that flows through everything.

**What are some of your main artistic goals in the near future?**

My main artistic goals are to continue evolving — both creatively and spiritually. I want to keep exploring new techniques, colors, and mediums while staying connected to the emotion and energy that define my work. I'm also focusing on developing the art residency project — creating a space where artists can slow down, reconnect with nature, and create from a place of peace.



Another dream is to take my art to new places — to exhibit internationally and share my message of beauty, mindfulness, and healing through color. I believe art has the power to unite and uplift, and that's the energy I want to keep spreading through everything I create.

**If you had the opportunity to organize your dream solo exhibition, what would it look like? What kind of space, energy, or theme would you envision?**

This is my ultimate fantasy. When I'm in my 80s or 90s, I would love to create the biggest exhibition of my life — a retrospective that gathers all the artworks I've created through the years. Each room would represent a decade of my journey, showing how my colors, emotions, and visions have evolved over time. The space itself would be large and immersive, allowing me to walk through it and relive the moments that shaped me as an artist and as a person. More than anything, I imagine standing there and feeling peaceful — knowing that my life was meaningful, that I created beauty, touched people's hearts, and did what I was meant to do on this earth.