

## **FANCY BALLOU-JONES SPIRIT PORTRAIT DEEP DIVE**

FROM THE ANIMAL WORLD:

**Deer (Buck and Fawn)   Lobster   Moth   Puffin   Squirrel   Starfish**

From this very strong and abundant cast of Power Animals we see an amazing array of strengths and gifts. Power Animals choose us, never the other way around. Some assist for the duration of our lives, some for a relatively short time. A Totem Animal represents a collective power animal that stays with you for life. It is shared by everyone in the tribe or clan. It is in alignment with your life purpose, whereas Power Animals partner with us more on an individual and as-needed basis. I am not able to say if any of these are your Totem, but I do see that Starfish and Puffin figure prominently.

**Buck**- grace, elegance clairvoyance, clairaudience, independence, tirelessness, protection, positivity

**Fawn**- unfettered joy

**Lobster**- abundance, resilience, persistence, emotional sensitivity

**Moth**- Moon energy, transformation, persistence

**Puffin**- emotional attunement and fortitude, fearlessness, enlightenment, profound emotional capacity, loyalty

**Squirrel**- open-mindedness, non-attachment, protection, intelligence, education

**Starfish**- Moon energy, personal growth, unconditional love, protection of those in need, healing, recovery, off-Earth connectivity, stardust magic, light in concert with water

From the animal world there is a clear pattern of rejecting negativity. You do not tolerate it, and you are obviously drawing upon a deep well of positivity in order to have the strengths of resilience and perseverance.

You also have the ability to recover, to heal. These abilities also require positivity.

You are sympathetic, caring and of good cheer to other souls. You have a very strong desire to protect others.

You are loyal.

You are also willing to try new things, or walk down unfamiliar and uncomfortable roads with the confidence that you will prevail. In other words, you seek growth. Intuitively, you are aware that transformation is not to be feared and the riches and the sweetness of the cosmos await you.

## THE ELEMENTS

**Water**- Like Puffin, Starfish, Lobster and the Moon, you make your life on, near, or in close relationship with the water. You are “afloat” in the world of emotions. You navigate the highs and lows.

**Sky/Air**- You are in touch with the intellectual, the spark of ideas percolating in the upper realms, the spiritual.

## MINERAL

**Sapphire** (represented in the sapphire blues of the sky and sea)- wealth, abundance, richness of spirit, intensity, loyalty, faithfulness, sincerity, creativity, depth of thought. You have emotional intellectuality and intellectual emotionality. You fly and you swim, like Puffin.

## FLORA

**Tulip** (yellow-orange-red)- cheerfulness, enthusiasm, eternal love, loyalty

**Strawberry**- love

**Cherry**- good fortune

## PLANETARY

**Moon, Moon, Moon**- ritual, enlightenment, inner knowledge, going to the dark side/ slaying demons

**Stars**- hope, destiny, freedom, heaven

## OTHER

**Lightbulbs**- You are a bright bulb, full of ideas. You have a clear vision.

**Helm**- You are on a journey for which you bravely take the helm.

**Lighthouse**- You offer assistance and protection to others. The lighthouse or “home” awaits you as well, as you make your spiritual journey.

**Comfy Stuffed Chair**- Quality and sentimentality are important to you, as well as respect for history and ancestors.

**Ballet Slippers**- You are a spritely and delicate dancer in the dance of life.

**Double Cupcake Moons**- strong positive emotional overtones, enjoyable food rituals, belief in the sweetness of life

Thank you for this opportunity to create art based on the beauty and wonder of your spirit!

Sincerely,

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