



# Business and Private Group Services

Customized Teambuilding Workshops & Retreats | Milestone Celebrations | Art that Reinforces Your Brand or Mission

*Fun. Creative. Connected. Accessible. Energizing.*

Perfect for Corporations | Non-profit Organizations | Women's Groups | Affinity/Professional Networks | Volunteer Boards & Committees | Government Agencies | Educational Institutions



- Build team cohesivity and connection with a fresh new experience in an enlivening artistic studio/gallery setting.
- Tap into creativity that drives innovation
- Reinforce your culture, mission and values
- Recognize and engage team members
- Drive personal and professional development

## Inspired Flow Workshops

A **proven, customizable format** that has leaves groups raving, uplifted, and empowered *every time* - even the most "uncreative" types:

- **Gather and connect:** tap into creative mindsets and share chosen focus (goal, idea or feeling to grow).
- **Learn** simple poured painting techniques.
- **Craft** your own one-of-a-kind canvas painting to visually represent your chosen focus.
- **Hang** your lovely, empowering daily reminder in your home or office to help you stay focused on your priorities over time.

Let's craft a **focused, fun experience** around your specific group needs and goals, from full-day strategic retreats with other targeted facilitation elements, to painting with your brand colors during a private Inspired Flow session.

**PLUS, infuse your office decor with branded artwork that reflects your culture, mission and values - professionally crafted by me, and/or created by your team with my guidance!**

As a successful **corporate consultant-turned-professional artist**, I offer a **rare blend of art + business expertise**. I bring **15+ years of cross-industry client partnership** in change management, culture transformation, marketing communications, talent development, team dynamics, and leadership, along with a certification in human-centered design (design thinking).

Contact me to explore partnership possibilities:

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# What Clients are Saying

“What Abby has created by merging her corporate skills with her artistic talents is truly masterful! Her workshops are perfect for leaders seeking unique and inspiring ways to foster creative thinking, innovation, and camaraderie with their teams. Beyond group painting, they are **meaningful experiences of self-expression and community-building that everyone, even the most unsuspecting or “uncreative,” will cherish.**

Plus, Abby also creates fascinatingly cool custom paintings to represent personal journeys or your brand, mission and values!

– Amy Hooper Hanna, Leadership Coach, Communication Strategist, and CEO at AhHA! Consulting



“I strongly suggest Abby Bolton Arts for any organization looking for a strategic team retreat and/or a unique, fun and engaging teambuilding activity. **For us, she facilitated a rare combination of deep teambuilding, engaging dialog, and immersive art creation - in one half-day experience.** With cross-industry consulting expertise and regional knowledge, **she quickly understood our team’s culture, needs, and dynamics** to structure an experience that was **equal parts productive and enjoyable.**

Plus, we used our brand colors to each create a meaningful painting for our conference room and **remind us of our common mission and individual talents!** Abby is kind, empathetic, energizing, and a trusted advisor”

– Jennifer Beer, CEO, Leadership Pittsburgh, Inc.

“Abby guided us through a **unique and surprisingly relaxing** art experience, rooted in our brand’s logo and colors, that deepened our team cohesion, connection and collaboration. The decor of our newest office will include both the paintings we made, and commissioned work by Abby. We love the idea of choosing **art that not only looks great, but visually weaves what we stand for as a firm in to our physical space** for client collaboration.”

– Jimmy Wells, CRPC®, AIF, Frederick Wells Advisors



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