

RECOVERY ART WARRIOR #MeToo Workshop

MAY 12, 2018, 9:30AM - 4:00PM

ARGO COUNSELING AND WELLNESS
701 Bestgate Annapolis, MD 21401

REGISTER TODAY: 443-906-3506 www.ArgoCounselingandWellness.com

COST: \$225 - Full day workshop includes all Art Supplies does not include lunch

This workshop is for YOU if:

- You are a #MeToo survivor
- Recovering or want to recover from addiction
- Over 18 - all genders welcome
- Want to create your dreams - reclaim your light
- Want to experience creative expression

LIMIT 15 - No previous art experience needed



Come Journey with Me

The healing happens as students create their unique artwork – one layer at a time!



LetItGo2



Robin Gilliam, Artist and Author

Robin began her recovery journey from #MeToo & addiction on 2/6/91 after escaping a violent marriage and surviving a crack cocaine overdose. Robin is the author of the Recovery Art Warrior novel, *Gift of Desperation*.

Robin will educate, encourage & empower you through the healing power of art!

She has a B.A. in fine arts/psychology from Goucher College and is the Founder/Director of Recovery Art Studio. www.recoveryartstudio.com



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Deb Ament, LCPC, MS, MEd, NCC, Certified Life Coach

Deb is a psychotherapist and certified life coach providing a holistic perspective to her person-centered approach to counseling. She utilizes mindfulness based interventions and cognitive behavioral techniques to support her client's create lasting and empowering change. www.ArgoCounselingandWellness.com

